

ESSEX ROADS CYCLING CLUB



Open 25 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

to be held on

Monday 28th August 2023

Course E11/25a — Start at 7.00 am

Awards:

Scratch: 1st – £30, 2nd £20, 3rd £10. Lady: 1st - £30. Road Bike: 1st £30.
Team of 3: 1st £10 per member. Nearest the Average: £30

Event headquarters:

Blackmore Village Hall, Nine Ashes Road, Essex CM4 0QW

This is the village communal area so please park in a sensible manner. No changing in full view of residents and please respect the local residents by keeping any noise to a minimum.

All riders must warm on the roads, **NO TURBOS OR ROLLERS IN THE CAR PARK.**

Signing-on will start at 6:10 am.

Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204

COURSE DETAILS 11/25a Blackmore

START in Fingrith Hall Lane at the entrance to field 30 yards before the junction to the A414. After starting proceed to the junction with the A414, (M), to turn left taking care to check for traffic from the right. Proceed on the A414 to perform a U-turn at the Ongar Four Wantz roundabout (M) (3.2 m). Retrace along A414 over two roundabouts to U-turn at the Widford Church roundabout (M) (12.6 m). Stay on the A414 to go over two roundabouts to return back to the Ongar Four Wantz roundabout (M) (22.0 m) to make another U-turn. Then stay on the A414 to **FINISH** at the 2nd width restriction island after the left turn into Willingale Road. After you have finished continue on A414 to turn right into Fingrith Hall Lane to return back to the headquarters.

Current Cycling Time Trials regulations now require that all riders wear a hard shell safety helmet that meets an internationally accepted safety standard.

NO HELMET, NO RIDE

Cycling Time Trials now requires the use of a front and rear light whilst competing.

NO LIGHTS, NO RIDE

LONDON EAST LOCAL REGULATIONS

- 1 Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3 No parking at either the start or finish points, other than the timekeeper's car.
- 4 Body numbers will be available at the event headquarters and they should be returned after the event. When the numbers are returned please complete the signing-off box on the sign-on sheet. Failure to do this will result in your result being marked as 'DNF'.

All riders should return to the headquarters as drug testing may be in force at this event.

RIDERS BRIEFING NOTICE

Start and finish are about 1 ½ miles from the hall. Route to start is leave the car park and go straight ahead onto Redrose Lane. At the crossroads turn left onto Fingrith Hall Lane and continue until you reach the start.

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

Course Records

Solo Male 52:46 Matthew Smith 31st Aug 2020

Solo Female 58:56 Jennifer George 31st Aug 2020

Solo Male (Junior) 56:52 Matthew Lord 31st Aug 2020

Tandem 1:00:58 David Shannon & Richard May 31st Aug 2020

No	Start	Rider	Club	Machine	Gender	Category
1	07:01	Colin White	Colchester Rovers CC	TT Bike	Male	Veteran
5	07:05	Marc Brant	Southend Wheelers	Road Bike	Male	Veteran
6	07:06	Jack Gilman	Greenwich Tritons Tri Club	TT Bike	Male	Senior
7	07:07	Rachel Halamandres	Basildon CC	TT Bike	Female	Veteran
8	07:08	Wendy Clarke	GreenlightPT	TT Bike	Female	Veteran
9	07:09	Stuart Jago	Southend Wheelers	Road Bike	Male	Veteran
10	07:10	Mark Lloyd	Colchester Rovers CC	TT Bike	Male	Veteran
11	07:11	Henry Taysom	Ex Machina	TT Bike	Male	Senior
12	07:12	Sean McDougall	Icknield RC	TT Bike	Male	Veteran
13	07:13	Dominic Bray	Finsbury Park CC	TT Bike	Male	Veteran
14	07:14	Phillip Brant	Southend Wheelers	Road Bike	Male	Veteran
15	07:15	Alex Purcell	CC Sudbury	TT Bike	Male	Senior
16	07:16	William Taylor	Go Fast Turn Left	TT Bike	Male	Senior
17	07:17	Gregory Smith	Finsbury Park CC	TT Bike	Male	Veteran
18	07:18	Jan Harvey	Southend Wheelers	TT Bike	Female	Veteran
19	07:19	Ian Damant	Becontree Wheelers CC	TT Bike	Male	Veteran
20	07:20	Nicholas Knight	Hart Performance Coaching	TT Bike	Male	Veteran
21	07:21	Wolfgang Emmerich	Team Bottrill	TT Bike	Male	Veteran
22	07:22	Charlie Gaimster	Dulwich Paragon CC	TT Bike	Male	Senior
23	07:23	Ben Newman	North Essex Velo	TT Bike	Male	Veteran
24	07:24	Davi A. Braga	Verulam CC	Road Bike	Male	Senior
25	07:25	Paul Turton	Team Vision Racing - Silverhook	TT Bike	Male	Veteran
26	07:26	Peter Robertson	Lea Valley CC	TT Bike	Male	Senior
27	07:27	Neal Marrin	Finsbury Park CC	TT Bike	Male	Veteran
28	07:28	Mark Gidney	Southborough & Dist. Whs	TT Bike	Male	Veteran
29	07:29	Julian B Boulter	Eagle Road Club	TT Bike	Male	Veteran
30	07:30	Rob Young	Shaftesbury CC	TT Bike	Male	Veteran
31	07:31	Richard O'Rourke	Team Vision Racing - Silverhook	TT Bike	Male	Veteran
32	07:32	Noah Knock	Victoria Cycling Club	TT Bike	Male	Veteran
33	07:33	Nat Orpen-Palmer	Dulwich Paragon CC	TT Bike	Male	Senior
34	07:34	Damien Foy	6AM Cycling	Road Bike	Male	Veteran
35	07:35	Alfie Salmon	Hart Performance Coaching	TT Bike	Male	Espoir
36	07:36	Murat Ozdenya	Team Vision Racing - Silverhook	TT Bike	Male	Veteran
37	07:37	Julia Freeman	Easterley Road Club	TT Bike	Female	Veteran
38	07:38	Paul Ruffy	Eat Plants Not Pigs CC	TT Bike	Male	Veteran
39	07:39	Graham Hurrell	Basildon CC	TT Bike	Male	Veteran
40	07:40	David Halliday	Team Bottrill	TT Bike	Male	Senior
41	07:41	Terry Garlinge	Easterley Road Club	TT Bike	Male	Veteran
42	07:42	Ian Braybrook	Basildon CC	TT Bike	Male	Veteran
43	07:43	Peter Tibbitts	Ford CC	TT Bike	Male	Veteran
44	07:44	Junaid Ibrahim	Brothers On Bikes	TT Bike	Male	Senior
45	07:45	Matthew Saunders	Team Vision Racing - Silverhook	TT Bike	Male	Veteran
46	07:46	Sebastian Harrison	Islington Cycling Club	TT Bike	Male	Veteran
47	07:47	Dean Lubin	Team Vision Racing - Silverhook	TT Bike	Male	Veteran
48	07:48	Geoff Bores	Ford CC	TT Bike	Male	Veteran
49	07:49	Paul Gribbon	Southend Wheelers	TT Bike	Male	Veteran
50	07:50	Jonny Allen	6AM Cycling	TT Bike	Male	Senior